



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Kenneth Dahlstedt, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner

PHT Mtg #41– Padilla Bay
Thursday 11/01/18 - 8:30 am to 2:00 pm

“PHT Making a difference: Accountability to Collect Impact”
Annual Retreat 2018

Time	Item	Owner
8:30	Coffee, conversation, collaboration	All
8:45	Agenda Review and Approve October Notes	David
	Exercise #1 - 1) What could we be doing regarding Housing, Access to Care, and Weight Status/Active Living/Access to Healthy Food? 2) What are the outcomes we should aim for?	
	<u>Housing</u>	
	Actions:	
	➤ Monitoring data	
	➤ PHT role: advocacy, translate SCOG data, City Council presentations	
	➤ Advocate for capacity building for cities and towns	
	➤ Planning staff Non-Profit Organizations (NPO's)	
	➤ Strengthen relationships with Housing Authorities (underutilized resource)	
8:50	➤ Break down strategies to create “small bites” for agencies and governments	David
	Outcomes:	
	➤ Reduction of cost burden households	
	➤ Stimulated private sector investments	
	➤ Jurisdictions set housing goals-process oriented	
	➤ Permanent supportive housing gets built	
	➤ Social investment partnership between private sector/NPO (impact investments)	
	<u>Access to Care</u>	
	Actions:	
	➤ Engaging Apple Health in BH plans for all populations; youth needing	

care.

- Provide Parents/others avenues to access care
- Implement robust telecommunication options
- Increase two-way communication. Are we providing care people want/need?

Strategies:

- Reduce barriers to scheduling and transportation
- Increase hours to access care through school clinics, telemedicine, mobile care units
- Increase recruitment of medical staff- challenges with educational opportunities, financial compensation
- Increase shared services-coordinated care

Outcomes:

- Increase work force that is well qualified and continually learning-trauma informed

Healthy Eating/Active Living (HEAL)

Actions:

- Identification and collection of data- identify sources, identify how operationalized
- Create shared expectation and definition of “healthy eating/active living”
- Consider target audiences through life course perspective
- Motivate, not shame- messaging
- Partner with others to activate
 - Housing authority
 - City staff (parks and roads) built environment
 - Care coordinators
- 10 year longitudinal look at key indicators

Outcomes:

- It is easy to be healthy and find affordable food- find ways to measure
- Weight status improves
- Environment more supportive of healthy eating and living (healthy retailers)
- Business practices, policies support healthy eating and living
- Schools support HEAL
- Positive, consistent messaging
- Incidents of chronic disease are lower

Short Presentations: Insight Vision Introduction

9:30

- Walk through the strategy mapping system, what it is, how it works, what makes it function. Gain a better understand of the IV vocabulary and how it applies to strategy maps
- Review opioid map as an example of a strategy map
- Group Discussion: How does strategy mapping change our thinking?
 - Everything inter-related

Kristen

- Initiatives and strategies connected
- Tells story about what we need to do, where we want to go
- PHT builds up foundation-stronger sense of our role
- Advocacy
- Strategy gives story behind data to create a message
- Need to think about how to convey language of change
- Shows work and how it relates to outcomes
- Is this a way to increase accountability amongst partners and with Olympia?
- How do we determine what *our* actions are?

10:00

Break and Snack

All

Small Group Discussion 2: IV Outcome & Strategy Language Activity

- Small group discussion comparing the wording of the first group conversation to the IV strategy map language. The goal is to better understand and use the language of IV strategy mapping

Housing

Outcome Objectives:

- Reduce cost-burdened households
- Increase housing options at every level
- Reduce homelessness

Strategy Objectives:

- Increase private sector investment
- Increase permanent supportive housing
- Increase jurisdictions implementing housing goals
- Strengthen knowledge of policy makers
- Improve capacity of jurisdictions

Assets and Capacity Objectives:

- Increase monitoring of data-driven decisions
- Improve Advocacy
- Increase partnerships
- Establish goals

10:15

David & Kristen

Access to Care

Outcome Objective #1

- Increase patient-centered care in a Health Home

Strategy Objectives for #1

- Increase youth access through school clinics
- Increase payment flexibility by carriers
- Increase advocacy for HIE changes

Outcome Objective #2

- Increase well-qualified workforce

Strategy Objective #2

- Strengthen recruitment of healthcare workforce
- Improve educational opportunities

Healthy Eating/Active Living

Outcome Objective:

- Increase well-being and health of all Skagit populations

Strategy Objectives:

- Reduce incidents of chronic disease
 - Reduce the percentage of the population that is overweight/obese
 - Expand Policy, Systems, Educational approaches that promote HEAL
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The Population Health Strategy Map

- Small groups review of draft PHT strategy map
- Questions:
 - Are our priorities represented well?
 - Are the outcomes and strategies in the ball-park?
 - Is this our map?

Suggestions:

- Move Obesity outcome to health behaviors category
- Positive youth development-move to health behaviors (combine youth and health behaviors)
- Separate collection and sharing data (change to “improve sharing of health care data”)
- Rework Community assets section:
 - Write w/ lens of what community needs to do
 - Include cell for PHT
 - “Expand, strengthen and diversify coalitions”
- Rename-“increase living wage jobs”
- “Improve education and skills attainment at all levels”
- Increase access to medical care
- Is increasing providers who take Medicare within our scope? No, move off map

11:00

Kristen

Additional thoughts/questions:

- Increase maps/our strategy by having small groups work on priority area and develop draft map
 - Use mapping to create a community facing map/story – include of the PHT’s from - to
 - Call to action is what shared with public
 - Maps for us and coalitions
 - We need template for what to share with public
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11:45

LUNCH

Going Forward

- Where have we been, our current state and where we want to be?
- How does IV shift our operating principles developed over 3 years?

- Add in data
- PHT spring event
(Goal) Housing is focus – need to flush out our map
(Back-up) First 1,000 Day or Opioids
- Build out maps
- Use sub-committees to draft maps (Housing and Access to Care)
- Ask about Interest in Housing Committee during December meeting
- How do we get software users involved
- Consolidate ACH & PHT health care conversations

12:15

David & Kristen

Some Business

- Fiscal contribution update
- Membership renewal
- Letter of support for head start
- Confirm meeting schedule

What is your PHT hope for 2019?

- Policy/partnerships around HE/HL
- Fill out strategy maps- so many positive opportunities
- Move from From-to gaps to concrete actions
- That we share more information on ourselves, our ideas and our organizational plans/actions
- Use map to leverage conversations with our own organizations
- Convey message to community-make all work real
- Show why population health and work of Trust is important

1:00

All